

# The 2016-2017 RDoC Awards





*The quality of the environments that Canada's Resident Doctors train in are critical to every Canadian, as residents are an integral part of the frontline of patient-centered healthcare, serving as teachers, trainees, and clinicians. By providing support and service to our resident doctors, these award recipients are also contributing to the wellness of our national healthcare system and of all Canadians. Thank you for joining us for this special occasion."*

Dr. Kimberly Williams  
President, Resident Doctors of Canada



*The recipients of the RDoC Awards have demonstrated a high level of commitment to resident wellness and education. As the organization that gives a voice to resident doctors in Canada, RDoC is proud to be able to take a leadership role in recognizing these important contributions."*

Irving Gold  
Executive Director, Resident Doctors of Canada



# Program

**7:00 PM – Reception & networking begins**



**8:00 PM – Welcome & Awards presentation**

*Welcome*

**Dr. Kimberly Williams**

President, Resident Doctors of Canada

*Master of Ceremonies*

**Dr. Thomas McLaughlin**

Past President & Awards Chair,  
Resident Doctors of Canada

*Presenting the RDoC Puddester Awards  
for Resident Wellness*

*Resident Category:*

**Dr. Adriana Krawchenko-Shawarsky**

Board Member and Awards Committee Member,  
Resident Doctors of Canada

*Staff Category:*

**Dr. Melanie Bechard**

Board Member and Practice Committee Co-Chair,  
Resident Doctors of Canada

*Presenting the RDoC Mikhael Awards  
for Medical Education*

*Resident Category:*

**Dr. Matthew Nicholson**

Board Member and Training Committee Co-Chair,  
Resident Doctors of Canada

*Staff Category:*

**Dr. Terry Colbourne**

Vice-President, Resident Doctors of Canada

*Presenting the RDoC Ross Award  
for Service to Resident Doctors*

**Dr. Stephanie Kenny**

President, Professional Association of Residents of  
Ontario & Board Member, Resident Doctors of Canada

**Dr. Colm McCarthy**

Board Member and Training Committee Co-Chair,  
Resident Doctors of Canada



**9:00 PM – Adjournment**



# Resident Doctors of Canada 2016-2017 Awards Committee

Resident Doctors of Canada would like to thank the contributions made by the 2016-2017 Awards Committee.



## **Dr. Thomas McLaughlin**

Past President and Awards Committee Chair, Resident Doctors of Canada  
PGY-4 Pediatrics  
University of Toronto

## **Dr. Alison Anton**

PGY-4 Physical Medicine & Rehabilitation  
University of Ottawa

## **Dr. Andrew Helt**

PGY-1 Emergency Medicine  
Queen's University

## **Dr. Adriana Krawchenko-Shawarsky**

Board Member, Resident Doctors of Canada  
PGY-3 Emergency Medicine  
University of Manitoba

## **Dr. Pamela Lai**

Board Member, Resident Doctors of Canada  
PGY-2 Family Medicine  
Dalhousie University

## **Mr. Irving Gold**

Executive Director, Resident Doctors of Canada



# 2016 RDoC Puddester Award for Resident Wellness

The RDoC Puddester Awards for Resident Wellness honour individuals who have contributed to improving resident wellness in Canada. During his term as President and as Wellbeing Chair, Dr. Derek Puddester dedicated himself to promoting the wellness of all resident doctors in Canada. Two Puddester Awards are given every year: one to a resident, and one to a staff physician.



## Dr. Zafrina Poonja

Resident Recipient

A chief resident in emergency medicine at the University of Saskatchewan's College of Medicine, Dr Poonja has established herself as a leader in the field of physician wellness. Her work has included an overhaul of the wellness curriculum for residents training in her program as well as the development of the "How I Stay Healthy in Emergency Medicine" series for the Academic Life in Emergency Medicine's (ALIEM) educational blog. Dr. Poonja serves as a member of the Emergency Medicine Residency Program Committee, ALIEM's Wellness Think Tank, and the executive of the Canadian Association of Emergency Physicians' Wellness Week Committee. Dr. Poonja is the first RDoC Award recipient to come from the University of Saskatchewan.



## Dr. Dianna Louie

Staff Recipient

Dr. Louie is a pediatrician at BC Children's Hospital and a committed advocate for resident wellness. She has adopted a hands-on approach to helping the residents within her program, through a number of initiatives including establishing a wellness library in the resident lounge and organizing physical and social activities. Additionally, Dr. Louie is currently conducting research on resident burnout with the aim of alleviating this systemic problem. Dr. Louie helped to establish and serves as the current lead of the UBC Pediatric Resident Wellness Committee, with her advocacy directly resulting in a large funding increase for the Committee's activities. She also serves on the UBC Resident Wellness Committee, and was awarded the UBC Resident Wellness Faculty Award in 2016.



# 2016 RDoC Mikhael Awards for Medical Education

The RDoC Mikhael Awards for Medical Education honour individuals who have contributed meaningfully to improving undergraduate and postgraduate medical education in Canada. During his time on the Board of Directors, Dr. Joseph Mikhael worked tirelessly to represent the interests of all residents in Canada, refocusing our role in medical education. Two Mikhael Awards are given every year: one to a resident, and one to a staff physician.



## Dr. Kathryn Darras

Resident Recipient

A senior resident in radiology at the University of British Columbia, Dr. Darras' work sets an example for medical education for future physicians, and those in current practice. She has played an integral part in the UBC Medical Undergraduate Curriculum Renewal Project and in the innovative development of virtual curricula for use alongside existing educational tools. Dr. Darras' other initiatives include investigating the most useful clinical electives during the first year of the radiology residency program and the development of a new curriculum to assist second-year residents in their clinical preparation for call service.



## Dr. Barry Kassen

Staff Recipient

A general internist, Dr. Kassen has spent much of his career practicing and teaching at the University of British Columbia. In the 1990s, he designed the Clinical Teaching Unit model for several Vancouver-based hospitals, now the primary mode of education delivery in internal medicine across Canada. More recently, Dr. Kassen's unique approach to the morning report has become popular amongst residents training at St. Paul's Hospital, resulting in the development of a podcast to make the report accessible to trainees across Canada. Known for his compassionate approach to his patients, his bedside manner has been identified as one of his greatest attributes as a teacher and clinician. Dr. Kassen has served UBC and affiliated teaching hospitals in an array of leadership roles, as well as at a national level with the Royal College of Physicians and Surgeons of Canada.



# 2016 RDoC Ross Award for Service to Resident Doctors

The RDoC Ross Award for Service to Resident Doctors honours one individual who has contributed to the enrichment of resident life in Canada. Lois Ross served for many years as Executive Director of CAIR and PAIRO, during which time she worked tirelessly to represent the interests of all resident doctors in Canada. This award specifically acknowledges the important role that non-physicians play in residency.



## **Ms. Sharon Cameron**

Recipient

Ms. Cameron is the Competency-based Medical Education Postgraduate Implementation Manager for McMaster University's Faculty of Health Sciences. Ms. Cameron has been part of the McMaster community for nearly 40 years, most notably as manager for the Department of Postgraduate Medical Education from 1991 to 2016. It was in this role that she became universally recognized by faculty and trainees as the "heart and soul" of PGME at McMaster and nationally renowned for her knowledge of the medical education system.



# Past Recipients

## The RDoC Puddester Award for Resident Wellness

- |   |  |
|---|--|
| 2015 – Dr. Susan Edwards, staff<br>Dr. Laura Swaney, resident                 | 2009 – Dr. David Vanderburgh                               |
| 2014 – Dr. George Porfiris, staff<br>Dr. Darren de SA, resident               | 2008 – The Alberta Physician and Family<br>Support Program |
| 2013 – Dr. Joanne Todesco, staff<br>Dr. Daisy Liu, resident                   | 2007 – Dr. François Bourque                                |
| 2012 – Drs. Kathryn Dong and Erica Dance, staff<br>Dr. Amy Robinson, resident | 2006 – Dr. Jordan Cohen                                    |
| 2011 – Dr. Steve Beerman  | 2005 – Mrs. Lois Ross                                      |
| 2010 – Dr. Keith Wycliffe-Jones   | 2004 – Dr. Monica Penner                                   |
|   | 2003 – Dr. Hanif Chatur                                    |
|   | 2002 – Dr. Mike Myers                                      |



## The RDoC Mikhael Award for Medical Education

- |  |                            |
|--|----------------------------|
| 2015 – Dr. Sharon Peters, staff<br>Dr. Nada Gawad, resident          | 2011 – Dr. Lara Cooke      |
| 2014 – Dr. Yves Talbot, staff<br>Dr. Kathleen Broad, resident        | 2010 – Dr. Rishi Gupta     |
| 2013 – Dr. Marika Hohol, staff<br>Dr. Farhan Asrar, resident         | 2009 – Dr. George Elleker  |
| 2012 – Dr. Keith Goulden, staff<br>Dr. Charles Kassardjian, resident | 2008 – Dr. Colin Chalk     |
|  | 2007 – Dr. Brian Hodges    |
|  | 2006 – Dr. Aleks Chochinov |
|  | 2005 – Dr. Nadia Mikhael   |



## The RDoC Ross Award for Service to Resident Doctors

- |                                |                           |
|--------------------------------|---------------------------|
| 2015 – Ms. Marilyn Blake       | 2011 – Ms. Carmen Frese   |
| 2014 – Ms. Caroline Sutherland | 2009 – Dr. Karen Saperson |
| 2013 – Ms. Michelle Murray     |                           |
| 2012 – Ms. Brenda Meier        |                           |